

Week 1

w/c 30/10/17 • 20/11/17 • 11/12/17
• 15/1/18 • 5/2/18 • 5/3/18 • 26/3/18

Monday

FA Breaded Chicken Bites, Ketchup
Seasoned Diced Potatoes
Seasonal Vegetables
GF DF Lovemore Shortbread

Tuesday

Pork Meatballs with Gravy
Mashed Potato **(No Milk)**
Seasonal Vegetables
Fresh Fruit Salad

Wednesday

Roast Beef & Gravy **(No Yorkshire)**
Roast Potatoes
Carrots; Seasonal Vegetables
Peach Slices

Thursday

Chicken Curry **(No Naan)**
50:50 Rice
Seasonal Vegetables
GF DF Lovemore Shortbread

Friday

GF DF Bubble Coated Fish
Chips
Peas; Sweetcorn
Fresh Fruit Salad

Week 2

w/c 6/11/17 • 27/11/17 • 18/12/17
• 22/1/18 • 19/2/18 • 12/3/18

Monday

Sausage & Onion Gravy
Mashed Potato **(No Milk)**
Peas; Baked Beans
Warm Oaty Apple Crumble (No
Custard; crumble with veg fat)

Tuesday

Lamb Hot Pot with Crust **(Made with
Veg Fat)**
New Potatoes
Beetroot; Seasonal Vegetables
DF GF Chocolate Chip Cookie

Wednesday

Roasted Chicken Breast
Roast Potatoes
Carrots; Seasonal Vegetables
DF Coconut Rice Pudding

Thursday

Mild Chilli Con Carne
50:50 Rice
Seasonal Vegetables
GF DF Lovemore Shortbread

Friday

GF DF Bubble Coated Fish
Chips
Peas; Sweetcorn
Fresh Fruit Salad

Week 3

w/c 13/11/17 • 4/12/17 • 8/1/18
• 29/1/18 26/2/18 • 19/3/18

Monday

Beef Burger **(No Bun)**
New Potatoes
Seasonal Vegetables
Fresh Fruit and Sorbet

Tuesday

Spaghetti Bolognese **(No Garlic Bread)**
Seasonal Vegetables
DF GF Shortbread

Wednesday

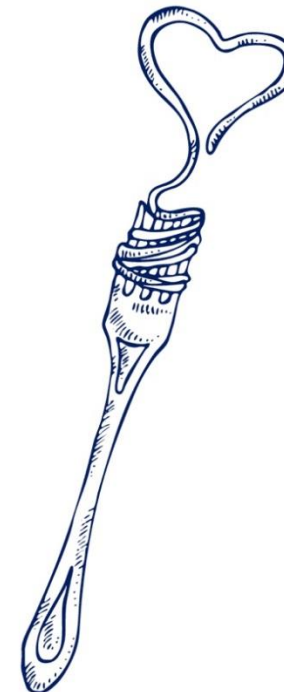
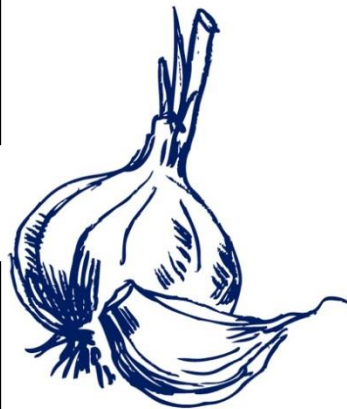
Roasted Bacon Loin
½ Jacket Potato
Peas; Seasonal Vegetables
Fruit Jelly with Mandarin Oranges

Thursday

Chicken/Steak Pie **(Veg Fat Pastry)**
Mashed Potato **(No Milk)**
Beetroot; Seasonal Vegetables
DF GF Chocolate Chip Cookie

Friday

GF DF Bubble Coated Fish
Chips
Peas; Sweetcorn
Fresh Fruit Salad with Ice Cream



DAIRY FREE