

# Week 1

w/c 30/10/17 • 20/11/17 • 11/12/17  
• 15/1/18 • 5/2/18 • 5/3/18 • 26/3/18

## Monday

FA Breaded Chicken Bites, Ketchup  
Seasoned Diced Potatoes  
Seasonal Vegetables  
GF DF Lovemore Shortbread

## Tuesday

Pork Meatballs with Gravy  
Mashed Potato **(No Milk)**  
Seasonal Vegetables  
Fresh Fruit Salad

## Wednesday

Roast Beef & Gravy **(No Yorkshire)**  
Roast Potatoes  
Carrots; Seasonal Vegetables  
Peach Slices

## Thursday

Chicken Curry **(No Naan)**  
50:50 Rice  
Seasonal Vegetables  
GF DF Lovemore Shortbread

## Friday

GF DF Bubble Coated Fish  
Chips  
Peas; Sweetcorn  
Fresh Fruit Salad

# Week 2

w/c 6/11/17 • 27/11/17 • 18/12/17  
• 22/1/18 • 19/2/18 • 12/3/18

## Monday

Sausage & Onion Gravy  
Mashed Potato **(No Milk)**  
Peas; Baked Beans  
Warm Oaty Apple Crumble (No  
Custard; crumble with veg fat)

## Tuesday

Lamb Hot Pot with Crust **(Made with  
Veg Fat)**  
New Potatoes  
Beetroot; Seasonal Vegetables  
DF GF Chocolate Chip Cookie

## Wednesday

Roasted Chicken Breast  
Roast Potatoes  
Carrots; Seasonal Vegetables  
DF Coconut Rice Pudding

## Thursday

Mild Chilli Con Carne  
50:50 Rice  
Seasonal Vegetables  
GF DF Lovemore Shortbread

## Friday

GF DF Bubble Coated Fish  
Chips  
Peas; Sweetcorn  
Fresh Fruit Salad

# Week 3

w/c 13/11/17 • 4/12/17 • 8/1/18  
• 29/1/18 26/2/18 • 19/3/18

## Monday

Beef Burger **(No Bun)**  
New Potatoes  
Seasonal Vegetables  
Fresh Fruit and Sorbet

## Tuesday

Spaghetti Bolognese **(No Garlic Bread)**  
Seasonal Vegetables  
DF GF Shortbread

## Wednesday

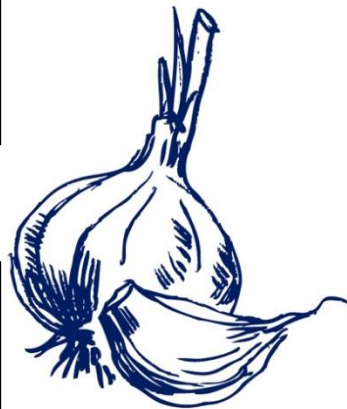
Roasted Bacon Loin  
½ Jacket Potato  
Peas; Seasonal Vegetables  
Fruit Jelly with Mandarin Oranges

## Thursday

Chicken/Steak Pie **(Veg Fat Pastry)**  
Mashed Potato **(No Milk)**  
Beetroot; Seasonal Vegetables  
DF GF Chocolate Chip Cookie

## Friday

GF DF Bubble Coated Fish  
Chips  
Peas; Sweetcorn  
Fresh Fruit Salad with Ice Cream



DAIRY FREE