

# Week 1

w/c 30/10/17 • 20/11/17 • 11/12/17  
• 15/1/18 • 5/2/18 • 5/3/18 • 26/3/18

## Monday

Turkey Burger  
Steamed Potatoes  
Fresh Fruit

## Tuesday

Pork Meatballs with Gravy  
Mashed Potato **(No Milk)**  
Seasonal Vegetables  
GED/F Cake

## Wednesday

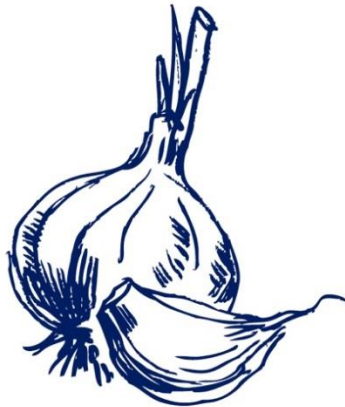
Roast Beef & Gravy **(No Yorkshire)**  
Roast Potatoes  
Seasonal Vegetables  
Fresh Fruit Segments & Jelly

## Thursday

Chicken Curry **(No Naan)**  
50:50 Rice  
Seasonal Vegetables  
GED/F Shortbread

## Friday

Bubble Coated Fish Fillet  
Chips  
Peas  
Mandarins & Sorbet



# Week 2

w/c 6/11/17 • 27/11/17 • 18/12/17  
• 22/1/18 • 19/2/18 • 12/3/18

## Monday

Pork Meatballs & Gravy  
Mashed Potato  
Seasonal Vegetables  
Apple Slices

## Tuesday

Lamb Stew  
½ Jacket Potato  
Seasonal Vegetables  
GED/F Cookie/Biscuit

## Wednesday

Roast Chicken & Gravy  
Roast Potatoes  
Seasonal Vegetables  
DF Coconut Rice Pudding

## Thursday

Mild Chilli Con Carne  
50:50 Rice  
Seasonal Vegetables  
GED/F Cake

## Friday

Bubble Coated Fish Fillet  
Chips  
Peas  
Sorbet or Jelly



# Week 3

w/c 13/11/17 • 4/12/17 • 8/1/18  
• 29/1/18 26/2/18 • 19/3/18

## Monday

Beef Burger/Turkey Burger  
Steamed Potato  
Seasonal Vegetables  
Fresh Fruit

## Tuesday

Spaghetti Bolognese **(No Garlic Bread)**  
GF, DF EF Spaghetti  
Seasonal Vegetables  
GED/F Cake

## Wednesday

Roasted Bacon Loin & Gravy  
Roast Potatoes  
Seasonal Vegetables  
Fruit Jelly & Mandarins

## Thursday

Jacket Potato & Filling **(No Cheese)**  
Seasonal Vegetables  
GED/F Cake

## Friday

Bubble Coated Fish Fillet  
Chips  
Peas  
Fresh Fruit Salad

GLUTEN, DAIRY, EGG & SOYA FREE