

Week 1

w/c 30/10/17 • 20/11/17 • 11/12/17
• 15/1/18 • 5/2/18 • 5/3/18 • 26/3/18

Monday

Turkey Burger
Steamed Potatoes
Fresh Fruit

Tuesday

Pork Meatballs with Gravy
Mashed Potato **(No Milk)**
Seasonal Vegetables
GED/F Cake

Wednesday

Roast Beef & Gravy **(No Yorkshire)**
Roast Potatoes
Seasonal Vegetables
Fresh Fruit Segments & Jelly

Thursday

Chicken Curry **(No Naan)**
50:50 Rice
Seasonal Vegetables
GED/F Shortbread

Friday

Bubble Coated Fish Fillet
Chips
Peas
Mandarins & Sorbet

Week 2

w/c 6/11/17 • 27/11/17 • 18/12/17
• 22/1/18 • 19/2/18 • 12/3/18

Monday

Pork Meatballs & Gravy
Mashed Potato
Seasonal Vegetables
Apple Slices

Tuesday

Lamb Stew
½ Jacket Potato
Seasonal Vegetables
GED/F Cookie/Biscuit

Wednesday

Roast Chicken & Gravy
Roast Potatoes
Seasonal Vegetables
DF Coconut Rice Pudding

Thursday

Mild Chilli Con Carne
50:50 Rice
Seasonal Vegetables
GED/F Cake

Friday

Bubble Coated Fish Fillet
Chips
Peas
Sorbet or Jelly

Week 3

w/c 13/11/17 • 4/12/17 • 8/1/18
• 29/1/18 26/2/18 • 19/3/18

Monday

Beef Burger/Turkey Burger
Steamed Potato
Seasonal Vegetables
Fresh Fruit

Tuesday

Spaghetti Bolognese **(No Garlic Bread)**
GF, DF EF Spaghetti
Seasonal Vegetables
GED/F Cake

Wednesday

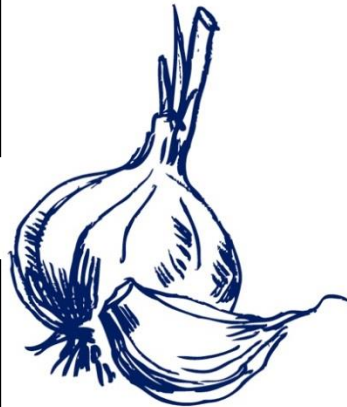
Roasted Bacon Loin & Gravy
Roast Potatoes
Seasonal Vegetables
Fruit Jelly & Mandarins

Thursday

Jacket Potato & Filling **(No Cheese)**
Seasonal Vegetables
GED/F Cake

Friday

Bubble Coated Fish Fillet
Chips
Peas
Fresh Fruit Salad



GLUTEN, DAIRY, EGG & SOYA FREE