

# Week 1

w/c 30/10/17 • 20/11/17 • 11/12/17  
• 15/1/18 • 5/2/18 • 5/3/18 • 26/3/18

## Monday

Turkey Burger  
Seasoned Diced Potatoes  
Seasonal Vegetables  
Mini Doughnuts, Yoghurt Dip

## Tuesday

Pork Meatballs with Gravy  
Mashed Potato  
Seasonal Vegetables  
GF Lovemore Chocolate Cookie

## Wednesday

Roast Beef & Gravy **(No Yorkshire)**  
Roast Potatoes  
Carrots; Seasonal Vegetables  
Peaches & Ice Cream **(No Arctic Roll)**

## Thursday

Chicken Curry **(No Naan)**  
50:50 Rice  
Seasonal Vegetables  
GF Lovemore Shortbread

## Friday

GF Bubble Coated Fish Fillet  
Chips  
Peas; Sweetcorn  
Chocolate Mousse with Mandarin  
Oranges

# Week 2

w/c 6/11/17 • 27/11/17 • 18/12/17  
• 22/1/18 • 19/2/18 • 12/3/18

## Monday

GF Salmon Fish Finger  
Mashed Potato  
Peas  
Warm Apples with Custard **(no Crumble)**

## Tuesday

Lamb Hot Pot **(No Crust)**  
Duchess Potatoes  
Beetroot; Seasonal Vegetables  
GF Lovemore Chocolate Cookie

## Wednesday

Roasted Chicken Breast  
Roast Potatoes  
Carrots; Seasonal Vegetables  
Warm Rice Pudding with Raisins

## Thursday

Mild Chilli Con Carne  
50:50 Rice  
Seasonal Vegetables  
Fresh Fruit

## Friday

GF Bubble Coated Fish Fillet  
Chips  
Peas; Sweetcorn  
Raspberry Ripple Mousse

# Week 3

w/c 13/11/17 • 4/12/17 • 8/1/18  
• 29/1/18 26/2/18 • 19/3/18

## Monday

Beef Burger **(No Bun)**  
Duchess Potato  
Seasonal Vegetables  
Dino' Cheddar with Apple **(No Cracker)**

## Tuesday

Spaghetti Bolognese  
GF Spaghetti  
Seasonal Vegetables  
GF Lovemore Shortbread

## Wednesday

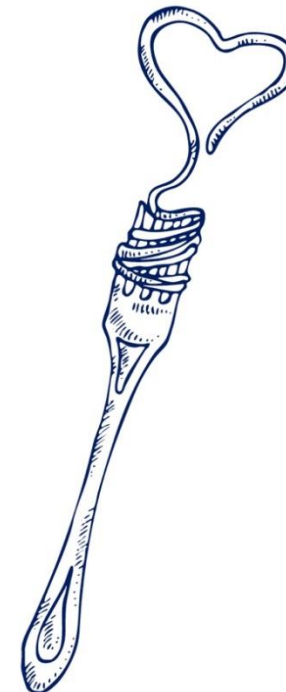
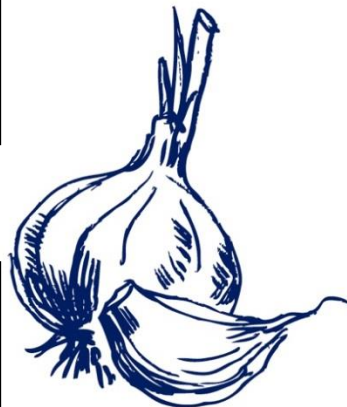
Roasted Bacon Loin  
½ Jacket Potato  
Seasonal Vegetables  
Fruit Jelly with Mandarin Oranges

## Thursday

Chicken/Steak Stew **(No Pastry)**  
Mashed Potato  
Beetroot; Seasonal Vegetables  
GF Lovemore Chocolate Cookie

## Friday

GF Bubble Coated Fish Fillet  
Chips  
Peas; Sweetcorn  
Fresh Fruit Salad with Ice Cream



GLUTEN FREE