

**SEND**

Special Educational Needs and Disabilities  
all different – all together



## QuICKs

Quality Information for Carers and Kids

# Starting School!

Starting school can be an exciting yet nervous time (for children and their parents!). Let us guide you with our top five tips to help have a smooth transition into primary school.

### 1 Tears are normal!

Don't be worried if your child (or you) sheds a tear or two on the first day. Remember this may be their first time being away from you all day, however they will be having fun and playing with their friends before you know it!

### 2 Talk it through

Take the time to talk with your child about what will happen when they start school. Find out who their teacher is and what time school starts. Knowing the routine will help to get rid of some anxiety.

### 3 Put names in everything!

Write your child's name in all of their uniform including their P.E kit. It will save lots of time looking for lost jumpers!

### 4 Get things ready at night

The mornings can be a busy and stressful time. Get all of your child's uniform, bag and equipment ready the night before and it is one less thing to worry about in the morning!

### 5 Staff are there to help

If you have any questions or if you are unsure of anything, speak to the class teacher. They will be more than happy to run through things with you. If you wish to discuss any of your child's needs then book a meeting with the school's Special Educational Needs Co-ordinator (SENCo).

